

Name of the Company : POWERHOUSE FITNESS AND REALTY LTD  
 Scrip Code/Name of the scrip, class of security : 538731, Powerhouse Fitness & Realty Ltd, Equity  
 Quarter ended : 31/03/2015

Partly paid-up shares :-	No. of partly paid-up shares	As a % of total no. of partly paid-up shares	As a % of total no. of shares of the company
Held by promoter/ promoter group		0.00	0.00
Held by public		0.00	0.00
Total	0	0.00	0.00
Outstanding convertible securities	No. of outstanding securities	As a % of total no. of outstanding convertible securities	As a % of total no. of shares of the company, assuming full conversion of the convertible securities
Held by promoter/ promoter group		0.00	0.00
Held by public		0.00	0.00
Total	0	0.00	0.00
Warrants	No. of Warrants	As a % of total no. of Warrants	As a % of total no. of shares of the company, assuming full conversion of warrants
Held by promoter/ promoter group	0	0.00	0.00
Held by public	0	0.00	0.00
Total	0	0.00	0.00
Total paid-up capital of the company, assuming full conversion of warrants convertible securities Total (A+B+C+ D+E+F)	6900000		100.00

*MS*



Statement Showing Shareholding Pattern

Table (I)(a)

Category Code	Category of Shareholder	Number of Shareholders	Total Number Of Shares	Number of Total Shareholding as a Shares held in percentage of total number of Dematerialised shares		As a Percentage of (A+B)	As a Percentage of of shares (A+B+C)		As a Number of Shares (VIII)	As a percentage (VIII/VII) *100
				(V)	(VI)		(VII)	(VIII)		
(I)	(II)	(III)	(IV)	(V)	(VI)	(VII)	(VIII)	(IX) = (VIII/VII) *100		

(A) Shareholding of Promoter and Promoter Group?

1. INDIAN	7	4500000	4500000	65.2174	65.2174	0	0.00
(a) INDIVIDUAL /HUF	0	0	0	0.0000	0.0000	0	0.00
(b) CENTRAL /STATE GOVERNMENTS)	0	0	0	0.0000	0.0000	0	0.00
(c) BODIES CORPORATE	0	0	0	0.0000	0.0000	0	0.00
(d) FINANCIAL INSTITUTIONS / BANKS	0	0	0	0.0000	0.0000	0	0.00
(e) ANY OTHERS	0	0	0	0.0000	0.0000	0	0.00
(Specify)	0	0	0	0.0000	0.0000	0	0.00
(i) DIRECTORS	0	0	0	0.0000	0.0000	0	0.00
(ii) REL ATIVES	0	0	0	0.0000	0.0000	0	0.00
(iii) GROUP COMPANIES	0	0	0	0.0000	0.0000	0	0.00
(iv) TRUSTS	0	0	0	0.0000	0.0000	0	0.00
SUB TOTAL (A)(1) :	7	4500000	4500000	65.2174	65.2174	0	0.00

2. FOREIGN	0	0	0	0.0000	0.0000	0	0.00
(a) INDIVIDUAL	0	0	0	0.0000	0.0000	0	0.00
(b) BODIES CORPORATE	0	0	0	0.0000	0.0000	0	0.00
(c) INSTITUTIONS	0	0	0	0.0000	0.0000	0	0.00
(d) QUALIFIED FOREIGN INVESTOR	0	0	0	0.0000	0.0000	0	0.00
(e) ANY OTHERS (Specify)	0	0	0	0.0000	0.0000	0	0.00
SUB TOTAL (A)(2) :	0	0	0	0.0000	0.0000	0	0.00

Total holding for promoters (A)=(A)(1) + (A)(2)

(A)(1)	7	4500000	4500000	65.2174	65.2174	0	0.00
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(B) Public shareholding

1. INSTITUTIONS	0	0	0	0.0000	0.0000	0	0.00
(a) MUTUAL FUNDS / UTI	0	0	0	0.0000	0.0000	0	0.00
(b) FINANCIAL INSTITUTIONS / BANKS	0	0	0	0.0000	0.0000	0	0.00
(c) CENTRAL /STATE GOVERNMENTS)	0	0	0	0.0000	0.0000	0	0.00
(d) VENTURE CAPITAL FUNDS	0	0	0	0.0000	0.0000	0	0.00
(e) INSURANCE COMPANIES	0	0	0	0.0000	0.0000	0	0.00
(f) FIS	0	0	0	0.0000	0.0000	0	0.00



Statement Showing Shareholding Pattern

Table (I)(e)

Category Code	Category of Shareholder	Number of Shareholders	Total Number of Shares	Number of Total Shareholding as a percentage of total number of Shares held in Dematerialised shares		Number of Shares Pledged or otherwise encumbered		As a percentage (VIII)(IX) = (VIII)(IX) / 100
				As a Percentage of (A+B)	As a Percentage of (A+B+C)	As a Number of shares	As a percentage	
(i)	(ii)	(iii)	(iv)	(v)	(vi)	(vii)	(viii)	(ix)

(a)	FOREIGN VENTURE CAPITAL INVESTORS	0	0	0.0000	0.0000	0	0.00	
(b)	QUALIFIED FOREIGN INVESTOR	0	0	0.0000	0.0000	0	0.00	
(c)	ANY OTHERS (Specify)	0	0	0.0000	0.0000	0	0.00	
SUB TOTAL (B)(1) :		0	0	0.0000	0.0000	0	0.00	

H.2. Non-institutions								
(a)	BODIES CORPORATE	5	392000	392000	5.6812	5.6812	0	0.00
(b)	INDIVIDUAL	112	528000	528000	7.6572	7.6572	0	0.00
(c)	CAPITAL UP TO Rs. 1 Lakh	58	138000	138000	21.4493	21.4493	0	0.00
(d)	CAPITAL GREATER THAN Rs. 1 Lakh	0	0	0	0.0000	0.0000	0	0.00
(e)	QUALIFIED FOREIGN INVESTOR	0	0	0	0.0000	0.0000	0	0.00
(f)	ANY OTHERS (Specify)	0	0	0	0.0000	0.0000	0	0.00
(g)	TRUSTS	0	0	0	0.0000	0.0000	0	0.00
(h)	CLEARING MEMBER	0	0	0	0.0000	0.0000	0	0.00
(i)	DIRECTORS	0	0	0	0.0000	0.0000	0	0.00
(j)	RELATIVES	0	0	0	0.0000	0.0000	0	0.00
(k)	EMPLOYEE	0	0	0	0.0000	0.0000	0	0.00
(l)	NON RESIDENT INDIANS (NRI)	0	0	0	0.0000	0.0000	0	0.00
(m)	OVERSEAS BODIES CORPORATES	0	0	0	0.0000	0.0000	0	0.00
(n)	UNCLAIMED	0	0	0	0.0000	0.0000	0	0.00
SUSPENSE ACCOUNT								
SUB TOTAL (B)(2) :		175	2400000	2400000	34.7826	34.7826	0	0.00
Total Public Shareholding (B)-(B)(1) + (B)(2)		175	2400000	2400000	34.7826	34.7826	0	0.00
Total (A) + (B) :		182	6900000	6900000	100.0000	100.0000	0	0.00

(c) Shares held by Custodians and against which Depository Receipts have been issued

(i)	Promoter and Promoter Group	0	0	0	0.0000 <th>0.0000 <th>0</th> <th>0.00 </th></th>	0.0000 <th>0</th> <th>0.00 </th>	0	0.00
(ii)	Public	0	0	0	0.0000 <th>0.0000 <th>0</th> <th>0.00 </th></th>	0.0000 <th>0</th> <th>0.00 </th>	0	0.00
SUB TOTAL (C)(1) :		0	0	0	0.0000	0.0000	0	0.00



Grand Total (A) + (B) + (C) 182 6900000 6900000 100 100.00000 0 0.00

NOTES:  
 D) NAME NUMBER OF SHARES HELD & PERCENTAGE OF ENTITIES / PERSONS HOLDING MORE THAN 1% OF THE TOTAL SHARES OF THE COMPANY IS AS PER ANNEXURE

(IXB) Statement showing holding of securities (including shares, warrants, convertible securities) of persons belonging to the category "Promoter and Promoter Group"

Sr. No	Name of the Shareholder	Total shares held			Fronumbered shares (%)			Details of warrants			Details of convertible securities			Total shares (including underlying shares assuming full conversion of warrants and convertible securities) as a % of diluted share capital
		Number of shares (A)+(B)+(C)	As a % of grand total (A)+(B)+(C)	Number	As a percentage (A)/(B)+(C)	As a % of grand total (A)+(B)+(C) of sub-class (IXa)	Number of warrants held	As a % of total number of warrants of the same class	Number of convertible securities held	As a % of total number of convertible securities of the same class	Number of convertible securities held	As a % of total number of convertible securities of the same class		
1	ANKUSH ASHOK GUPTA	1340000	18.1014	0	0.00	0.00	0	0	0	0	0	0	0	0
2	AKSHAT ASHOK GUPTA	1240000	18.1014	0	0.00	0.00	0	0	0	0	0	0	0	0
3	SI SHAMA ASHOK GUPTA	800000	11.5942	0	0.00	0.00	0	0	0	0	0	0	0	0
4	ASHOK KUNJAR GUPTA	400000	5.7971	0	0.00	0.00	0	0	0	0	0	0	0	0
5	ASHOK GUPTA	400000	5.7971	0	0.00	0.00	0	0	0	0	0	0	0	0
6	SHRISHETI SURESH	201000	2.9130	0	0.00	0.00	0	0	0	0	0	0	0	0
7	NEHA K.GANDHI	201000	2.9130	0	0.00	0.00	0	0	0	0	0	0	0	0
<b>TOTAL:</b>		<b>4500000</b>	<b>65.2174</b>	<b>0</b>	<b>0.00</b>	<b>0.0000</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

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(IX)(C)(i) Statement showing holding of securities (including shares, warrants, convertible securities) of persons belonging to the category "Public" and holding more than 1% of the total number of shares.

Sl.No	Name of the shareholder	Number of shares	Shares as a percentage of total number of shares i.e., Grand Total (A) + (B) + (C) indicated in Statement at para (i) (a) above!	Details of warrants		Details of convertible securities		Total shares (including underlying shares assuming full conversion of warrants and convertible securities as a % of diluted share capital)
				Number of warrants	As a % total number of warrants of the same class	Number of convertible securities held	% w.r.t. total number of convertible securities of the same class	
1	N A CONSTRUCTION PRIVATE LIMITED	188990	2.7246	0	0	0	0	0
2	SUJANA PINGLE	109000	1.4493	0	0	0	0	0
3	TRISHA MEDIA LIMITED	96000	1.3913	0	0	0	0	0
4	Rohit Chokhani	96000	1.3913	0	0	0	0	0
5	Rachana Suresh Chokhani	88000	1.2754	0	0	0	0	0
6	TRANSPARENT SHARES AND SECURITIES PRIVATE LIMITED	88000	1.2754	0	0	0	0	0
7	ANIMESH SHIVKUMAR GUPTA	72000	1.0435	0	0	0	0	0
TOTAL :		726000	10.6667	0	0	0	0	0

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(IX)(C)(ii) Statement showing holding of securities (including shares, warrants, convertible securities) of persons (together with PAC) belonging to the category "Public" and holding more than 5% of the total number of shares of the company.

SR.NO	Name	Number of shares	Details of warrants		Details of convertible securities		Total shares (including underlying shares assuming full conversion of warrants and convertible securities) as a % of diluted share capital
			Number of warrants held	As a % total number of warrants of the same class	Number of convertible securities held	% w.r.t. total number of convertible securities of the same class	
1		0	0	0	0	0	0
TOTAL :		0	0	0	0	0	0

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(1)(d)

Statement showing details of locked-in shares

AS ON : 31/03/2015

Sr.No	Name of the shareholder	Number of locked-in shares	Locked-in shares as a percentage of total number of shares i.e. Grand Total (A)+(B)+ (C) indicated in Statement at para (1)(a) above!	Promoter / Promoter Group / Public
1	AKSHAT ASHOK GUPTA	1249000	18.10	Promoter / Promoter Group
2	ANKUSH ASHOK GUPTA	1249000	18.10	Promoter / Promoter Group
3	NEHA K GANDHI	201000	2.91	Promoter / Promoter Group
4	SHRISHTI SURESH DEORA	201000	2.91	Promoter / Promoter Group
5	ASHOK KUMAR GUPTA	409000	5.80	Promoter / Promoter Group
6	SUSHMA ASHOK GUPTA	809000	11.59	Promoter / Promoter Group
7	ASHOK GUPTA	499000	5.80	Promoter / Promoter Group
<b>TOTAL:</b>		<b>4500000</b>	<b>65.2174</b>	

(1)(a)

Statement showing details of Depository Receipts (DRs)

Sr.No.	Type of Outstanding DR (ADRs,GDRs,SPDs etc )	No of Outstanding DRs	No of Shares underlying outstanding DRs	Shares underlying outstanding DRs as a Percentage of total number of shares (ie Grand Total (A)+(B) + (C) indicated in statement at para(1)(c) above)
1	GDRs			
<b>TOTAL:</b>				



(11) (b) Statement showing holding of Depository Receipts (DRs), where underlying shares held by promoter / promoter group are in excess of 1% of the total number of shares.

Sr No	Name of the DR Holder	Type of Outstanding DR (ADRs, GDRs, SDRs etc.)	No. of Shares underlying outstanding DRs	Shares underlying outstanding DRs, as a Percentage of total number of shares
				(i.e. Grand Total (A)+(B)+(C) indicated in statement at Para (11)(a) above)
TOTAL:				

