

Introductory sub-table (I)(a)

Name of the Company: POWERHOUSE FITNESS & REALTY LIMITED			
Scrip Code, Name of the scrip, class of security:			
POST ISSUE			
Partly paid-up shares:-	No. of partly paid-up shares	As a % of total no. of partly paid-up shares	As a % of total no. of shares of the company
Held by promoter/promoter group	0	0.00	0.00
Held by public	0	0.00	0.00
Total - D	0	0.00	0.00
Outstanding convertible securities:-	No. of outstanding securities	As a % of total no. of outstanding convertible securities	As a % of total no. of shares of the company, assuming full conversion of the convertible securities
Held by promoter/promoter group	0	0.00	0.00
Held by public	0	0.00	0.00
Total - E	0	0.00	0.00
Warrants:-	No. of warrants	As a % of total no. of warrants	As a % of total no. of shares of the company, assuming full conversion of warrants
Held by promoter/promoter group	0	0.00	0.00
Held by public	0	0.00	0.00
Total - F	0	0.00	0.00
Total paid-up capital of the company, assuming full conversion of warrants and convertible securities (Grand Total (A+B+C)+ D+E+F)	6900000		100.00

Power House Fitness & Realty Ltd.
Ankur Duple
 Director

Statement Showing Shareholding Pattern

Table I(a)

Category	Category of Shareholder	No. of Share	Total No. of	Total No. of Shares held In Dematerialized	Total Shareholding as a % of		Shares pledged or otherwise	
					As a % of (A+B)	As a % of (A+B+C)	Number of Shares	As a % of Total No. of Shares
(I)	(II)	(III)	(IV)	(V)	(VI)	(VII)	(VIII)	(IX)
(A)	Shareholding of Promoter and Promoter Group²							
(A1)	Indian							
(a)	Individuals/ Hindu Undivided Family	7	4500000	4500000	65.22	65.22	0	
(b)	Central Government/ State Government(s)	0	0	0	0.00	0.00	0	
(c)	Bodies Corporate	0	0	0	0.00	0.00	0	
(d)	Financial Institutions/ Banks	0	0	0	0.00	0.00	0	
(e)	Any Others(Specify)				0.00	0.00		
	Sub Total(A1)	7	4500000	4500000	65.22	65.22	0	0
(A2)	Foreign							
(a)	NRIs/Foreign Individuals	0	0	0	0.00	0.00	0	
(b)	Bodies Corporate	0	0	0	0.00	0.00	0	
(c)	Institutions	0	0	0	0.00	0.00	0	
(d)	Any Others(Specify)				0.00	0.00		
	Sub Total(A2)	0	0	0	0.00	0.00	0	0
	Total Shareholding of Promoter and Promoter Group (A)=(A1)+(A2)	7	4500000	4500000	65.22	65.22	0	0
(B)	Public shareholding							
(B1)	Institutions							
(a)	Mutual Funds/ UTI	0	0	0	0.00	0.00	0	
(b)	Financial Institutions/Banks	0	0	0	0.00	0.00	0	
(c)	Central Government/ State Government(s)	0	0	0	0.00	0.00	0	
(d)	Venture Capital Funds	0	0	0	0.00	0.00	0	
(e)	Insurance Companies	0	0	0	0.00	0.00	0	
(f)	Foreign Institutional Investors	0	0	0	0.00	0.00	0	
(g)	Foreign Venture Capital Investors	0	0	0	0.00	0.00	0	
(h)	Qualified Foreign Investor	0	0	0	0.00	0.00	0	
(i)	Market Makers	1	128000	128000	1.86	1.86	0	
(j)	Any Other (specify)				0.00	0.00		
	Sub-Total (B1)	1	128000	128000	1.86	1.86	0	0
(B2)	Non-institutions							
(a)	Bodies Corporate	3	300000	300000	4.35	4.35	0	
(b)	Individuals							
(b-i)	Individual shareholders holding nominal share capital up to Rs 1 lakh	118	532000	532000	7.71	7.71	0	
(b-ii)	Individual shareholders holding nominal share capital in excess of Rs. 1 lakh.	57	1440000	1440000	20.87	20.87	0	
(c)	Qualified Foreign Investor	0	0	0	0.00	0.00	0	
(d)	Any Other (specify)							
	NRI	0	0	0	0.00	0.00	0	
	OCB	0	0	0	0.00	0.00	0	
	Clearing Members	0	0	0	0.00	0.00	0	
	Sub-Total (B2)	178	2272000	2272000	32.93	32.93	0	0
	Total Public Shareholding (B)=(B1)+(B2)	179	2400000	2400000	34.78	34.78	0	0
	TOTAL (A)+(B)	186	6900000	6900000	100.00	100.00	0	0
(C)	Shares held by Custodians and against which Depository Receipts have been issued							
(C1)	Promoter and Promoter Group	0	0	0			0	
(C2)	Public	0	0	0			0	
	Sub-Total (C)	0	0	0	0	0	0	0
	GRAND TOTAL (A)+(B)+(C)	186	6900000	6900000	100.00	100.00	0	0

Power House Fitness & Realty Ltd.
Ankur Prakash
 Director

(I)(b) Statement showing Shareholding of persons belonging to the category "Promoter and Promoter Group"

(") The term "encumbrance" has the same meaning as assigned to it in regulation 28(3) of the SAST Regulations, 2011.

Sr. No.	Name of the shareholder	Details of Shares held		Encumbered Shares (I)			Details of Warrants		Details of Convertible Securities		Total Shares (including underlying shares assuming full conversion of warrants and convertible securities) as a % of diluted share capital
		No. of Shares held	As a % of grand total (A) (B)/(C)	Number	As a percentage	As a % of grand total (A) (B)/(C) of sub-clause (I)(a)	Number of warrants held	As a % of total number of warrants of the same class	Number of convertible securities held	As a % of total number of convertible securities of the same class	
(I)	(II)	(III)	(IV)	(V)	(VI) = (V) / (IV) * 100	(VII)	(VIII)	(IX)	(X)	(XI)	(XII)
1	ANKUSH ASHOK GUPTA	1249000	18.10	0	0.00	0.00	0	0.00	0	0.00	0.00
2	AKSHAT ASHOK GUPTA	1249000	18.10	0	0.00	0.00	0	0.00	0	0.00	0.00
3	SUSHMA ASHOK GUPTA	800000	11.59	0	0.00	0.00	0	0.00	0	0.00	0.00
4	ASHOK KUMAR GUPTA	400000	5.80	0	0.00	0.00	0	0.00	0	0.00	0.00
5	ASHOK GUPTA	400000	5.80	0	0.00	0.00	0	0.00	0	0.00	0.00
6	SHRISHTI SURESH DEORA	201000	2.91	0	0.00	0.00	0	0.00	0	0.00	0.00
7	NEHA K GANDHI	201000	2.91	0	0.00	0.00	0	0.00	0	0.00	0.00
	TOTAL	4509000	65.22	0	0.00	0.00	0	0.00	0	0.00	0.00

Power House Fitness & Realty Ltd.
Ankush Gupta
 Director

(l)(c)(i) Statement showing holding of securities (including shares, warrants, convertible securities) of persons belonging to the category "Public" and holding more than 1% of the total number of shares

Sr. No.	Name of the shareholder	Number of shares held	Shares as a percentage of total number of shares (i.e. Grand Total (A) + (B) + (C) Indicated in Statement at para (l)(c) above)	Details of warrants		Details of convertible securities		Total shares (including underlying shares assuming full conversion of warrants and convertible securities) as a % of diluted share capital
				Number of warrants held	As a % of total number of warrants of the same class	Number of convertible securities held	As a % of total number of convertible securities of the same class	
1	N A CONSTRUCTION PRIVATE LTD	188000	2.72	0	0.00	0	0.00	0.00
2	M/S TRANSPARENT SHARES AND S	128000	1.86	0	0.00	0	0.00	0.00
3	SUJANA PINGLE	100000	1.45					
4	TRISHA MEDIA LTD	96000	1.39					
5	SIDDHARTH BIHANI	96000	1.39					
6	BIMLA NARENDRA AGARWAL	96000	1.39					
7	ANIMESH SHIVKUMAR GUPTA	72000	1.04	0	0.00	0	0.00	0.00
	TOTAL	776000	11.25	0	0.00	0	0.00	0.00

Power House Finzes & Realty Ltd.

Anil Kumar Gupta

Director

(I)(d) Statement showing details of locked-in shares

Sl. No.	Name of the Shareholder	No. of Shares	Locked-In Shares as % of Total No. of Shares	Public / Promoter Group
1	ANKUSH ASHOK GUPTA	1249000	18.10	Promoter Group
2	AKSHAT ASHOK GUPTA	1249000	18.10	Promoter Group
3	SUSHMA ASHOK GUPTA	800000	11.59	Promoter Group
4	ASHOK KUMAR GUPTA	400000	5.80	Promoter Group
5	ASHOK GUPTA	400000	5.80	Promoter Group
6	SHRISHTI SURESH DEORA	201000	2.91	Promoter Group
7	NEHA K GANDHI	201000	2.91	Promoter Group
	TOTAL	4500000	65.22	

Power House Fitness & Realty Ltd.
Ankush Gupta
Director

(l)(c)(ii) Statement showing holding of securities (Including shares, warrants, convertible securities) of persons (together with PAC) belonging to the category "Public" and holding more than 6% of the total number of shares of the company

Sr. No.	Name of the shareholder	Number of shares held	Shares as a percentage of total number of shares (i.e. Grand Total (A) + (B) + (C) indicated in Statement at para (l)(a) above)	Details of warrants		Details of convertible securities		Total shares (including underlying shares assuming full conversion of Warrants and convertible securities) as a % of diluted share capital
				Number of warrants held	As a % of total number of warrants of the same class	Number of convertible securities held	As a % of total number of convertible securities of the same class	
1								
2								
	TOTAL							

Power House Fitness & Recrety Ltd.
Ankur Purohit
 Director

(II)(a) Statement showing details of Depository Receipts (DRs)

Sl. No.	Type of Outstanding DR (ADRs, GDRs, SDRs, etc.)	No. of Outstanding DRs	No. of Shares Underlying Outstanding DRs	Shares Underlying Outstanding DRs as % of Total No. of Shares
1			0	0.00
	Total	0	0	0.00

(II)(b) Statement showing holding of Depository Receipts (DRs), where underlying shares held by "promoter/promoter group" are in excess of 1% of the total number of shares

Sl. No.	Name of the DR Holder	Type of Outstanding DR (ADRs, GDRs, SDRs, etc.)	No. of Shares Underlying Outstanding DRs	Shares Underlying Outstanding DRs as % of Total No. of Shares
1				
	Total		0	0

Power House Fitness & Realty Ltd.
Anurag Purohit
Director